



FRED JENTGEN

GROWTH CATALYST PHOENIX

Optimistic | Curious | Encouraging

Fred's journey began as a sales and marketing leader for a high-growth technology business. After experiencing two business misfires—one due to an uncompetitive product and another caused by a rogue leader who drained the team's energy—he and his team took a step back to rebuild a healthy leadership structure and crystallize their vision. This renewed focus enabled them to achieve significant and sustained revenue growth for over 15 years.

“My passion is helping business leaders be their best in BUSINESS and LIFE!”

From Business Success to Purposeful Impact

A key part of Fred's success was partnering with dozens of entrepreneurs, facilitating and coaching hundreds of quarterly business reviews to foster mutual growth. However, he noticed that many of these entrepreneurs felt empty, struggling with their marriages, families, and health. This realization broke his heart and ignited his passion and purpose.

In 2019, Fred began to feel unfulfilled. Recognizing the need for change, he took the leap and started Unleashed Consulting Group, where he focuses full-time on his passion: empowering leaders to excel in both business and life.





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Family Life and Shared Adventures

Fred has been married for 31 years to his high school sweetheart, Julie. They live in Phoenix with their three grown children—Tim, Ally, and Jared—and a growing extended family that loves the Arizona outdoors. Together, they enjoy hiking, biking, playing pickleball, and cooling off in the pool. Family dinners are a cherished time for him, where they enjoy good food and share stories about their daily adventures in business, hospitals, and the university.

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Embracing Community and Active Living

For Fred, being part of Acumen is more than just joining a group; it's his tribe, where he finds inspiration, challenge, and support in living out his purpose more fully. He understands the importance of a trusted community, as isolation can lead to loneliness and a lack of wise advice and accountability. To recharge, he embraces an active lifestyle with a focus on fitness, physical challenges in the outdoors, and traveling to the beach or mountains. When not tackling an annual "misogi", you can find Fred and Julie mentoring couples, sharing insights on building a strong marriage.

